Is “budget” a four letter word?

Not to these individuals, who volunteer their time to review the annual budgets for the City of North Plains and the North Plains Urban Renewal Agency. Along with the City Council members they discuss, debate, and labor over items important to our community. This group spends many nights together examining the City’s financial plans in detail, eventually approving and sending the budgets to the City Council and the URA Board for adoption.

If you see them on the street give them a high five. If you’d like to see them in action, and maybe share an opinion, please join us on Monday, April 11, 2016 at 7:00 p.m. at Jessie Mays Community Hall.

Thanks to following citizen members of the Budget Committee:

Marrina AbeL, Vernon Epling, Cindy Hirst, Lani Miles, Trista Papen, Russ Sheldon and Jim Wieskamp.

Acting With Mo! is back

Acting With Mo! And Julia are putting on another children's play May 2nd from 4-4:30 at the Jessie Mays Community Center. Two cans of food will get you in, and all the food going to our wonderful food pantry.

This year, DREAMS, will be acted out by 22 of our own talented North Plains children. Three "dreamers" start to tell about their dreams with the curtain parting to reveal their dreams coming to life and a quirky thread that ties them all together! This play is written by Mo (Maureen Hicks) and Julia Richards who are co-directing this year’s Acting With Mo! Mo and Julia have been acting in the greater Portland area for over 20 years and bring their talents once a year for free, to our budding actors and actresses ages 5-12 here in North Plains.

Ever wonder what your children might be dreaming about? Come and see a fun version of DREAMS.

Library News

Morning Coffee Cart. We want you to think of the North Plains Public Library as your “third” place – the place besides home (number 1) and work (number 2) where residents automatically know to go for meetings, to take classes, to hang out. This is about the LIBRARY being the living room or the front porch of our community. Although regular library services (computer access, staff assistance) are not available until 10 a.m., beginning on Friday, April 1, we will open our doors every weekday morning at 8 a.m. for you to come have a cup of coffee ($1 for 12 oz, $.50 for refills), read a newspaper (USA Today, Oregonian, Hillsboro Tribune, Hillsboro Argus) or magazines, and check out holds and other library materials on the SelfCheck machine. Come enjoy our beautiful library and what it has to offer while enjoying a fresh brew, served by our dedicated cadre of Library Volunteers.

First Friday Flick. Join us at the Jessie Mays Community Hall on Friday, April 1 at 6 p.m. for a free showing of the animated family comedy Hotel.
Transylvania 2. In this PG-rated film, Hotel Transylvania's doors have been opened to humans, and Dracula's half-human/half-vampire grandson is put through "monster-in-training'' boot camp. Popcorn will be served.

NEW! Book Babies Storytimes. Beginning April 6, babies 0-12 months are invited to hear stories, enjoy finger plays, and share songs and rhymes every Wednesday at 10:30 a.m. in the children's section of the library.

Storytimes. Children ages 0-6 are invited to participate every Wednesday at 11:30 a.m. in the children's section of the library.

Art of the Story. The North Plains Public Library will host national storyteller Kevin Kling (http://www.kevinkling.com/) on Friday, April 8 beginning at 7 p.m. at the Pumpkin Ridge Golf Club. Kevin's autobiographical tales are as enchanting as they are true to life – from hopping freight trains to getting hit by lightning. His stage shows, like Tales from the Charred Underbelly of the Yule Log, deliver hilarious, often tender stories. He is best known for his popular commentaries on National Public Radio's All Things Considered. Kling's artistry has been recognized with the awarding of numerous grants and fellowships from entities such as The National Endowment for the Arts. For the past several years, he has performed at the acclaimed National Storytelling Festival in Jonesborough, TN. He was also named “Minneapolis Story Laureate” in 2014. This event is part of the Washington County Cooperative Library Services’ (WCCLS) 12th Annual Storytelling Festival. Between April 2 and April 9, twelve unique storytelling performances will be featured throughout Washington County. Admission is always free and all festival performances are designed for the enjoyment of adults.

Super Saturday – Red Yarn. Join us on Saturday, April 9 at 1 p.m. at the Jessie Mays Community Hall. Red Yarn is a dynamic family performer who weaves folksongs and puppetry into engaging shows for all ages. With his energetic performances and folk-rock recordings, this red-bearded bard shares positive values while reinvigorating American folklore for younger generations. In this show, Red Yarn leads the audience into the Deep Woods, a magical forest where animal characters play an important role in the folksongs and folktales of the U.S.A. Mixing live musical performance with puppetry and interactive storytelling, this program engages everyone with the songs and stories of our national heritage. All ages are welcome to attend this free event.

Meet our new provider

Shannon Richards, Registered Nurse, Family Nurse Practitioner

Voted one of Portland’s top nurses by Portland Monthly magazine

Shannon’s health care goals include:
► Listening to what patients truly want for their health
► Motivating patients to make healthy choices
► Helping patients with chronic conditions
► Creating a compassionate, non-judgmental environment

Shannon is now accepting new patients at Tuality Healthcare’s primary care clinic in North Plains

Tuality

Sunset Family Health Center

10395 NW Glencoe Rd., Suite 200
North Plains, OR 97133
503-647-9400
**National Volunteer Week** - Just Desserts. North Plains Public Library staff will host a celebration to honor and recognize our library volunteers on Monday, April 11, 5:30 to 7 p.m. at the library (followed by the Friends of the Library meeting). Join library and other city staff on Thursday, April 14 at the Jessie Mays Community Hall to honor all city-wide volunteers at the annual Volunteer Recognition Spaghetti Feed from 6:30 to 8 p.m. These free events are open to the public.

**Craft Guild Meetings Resume.** The dedicated group of knitters, crocheters, and quilters that formerly met monthly in the evenings has now moved its get-togethers to the second Tuesday MORNING of each month from 8 to 10 a.m. Beginning on Tuesday, April 12, anyone interested in gathering for camaraderie (and coffee) as you work on your individual projects is welcome to do so at the library. Bring your yarn or cloth and needles (or other craft projects) and expect to make new friends and share ideas. (Note: this is intended to be an informal get-together of crafters; individual or class instruction will not be available.)

**Library Board.** A regular meeting of the Library Board will be held on **Wednesday, April 20** at the library beginning at 7 p.m. The public is welcome to attend. There will be an opening on the board to fill a four-year term from July 1, 2016 through June 30, 2020. This position requires that the appointee reside within the city limits of North Plains. Applications may be found online at [http://cityofnp.org/files/2714/5815/3567/Library_Board_Application_2014.pdf](http://cityofnp.org/files/2714/5815/3567/Library_Board_Application_2014.pdf) and must be submitted to City Hall by May 16, 2016. City Council will make the appointment at its June 20 meeting.

**Ten-Year Library Anniversary Gala.** Come one, come all! Join us at the library to celebrate ten years of service in our beautiful building on **Friday, April 29** from 6 to 8 p.m. It was on this same day in 2006 that our doors first opened to the public. Wayne Holm and his wife Jeanie donated the building to the Friends of the North Plains Public Library. The City of North Plains is responsible for its operations and upkeep. Read about our history ([http://nplibrary.org/about-us/library-history/](http://nplibrary.org/about-us/library-history/)) and come celebrate with us!

**Library Strategic Plan.** A six-month process to identify library goals and areas of focus for the next five-year period has recently been completed and was presented to City Council. Read all about the process and about what exciting activities lie ahead: [http://nplibrary.org/wp-content/uploads/2016/02/Library-Strategic-Plan-Goals-for-Website.pdf](http://nplibrary.org/wp-content/uploads/2016/02/Library-Strategic-Plan-Goals-for-Website.pdf).

**Volunteer Math Tutor Needed.** North Plains Public Library is seeking a Math Tutor to assist students at various proficiency levels from elementary through high school grades. Applicants will be processed through the library’s regular Volunteer Program which requires fingerprinting and a background check. Please call Carol Aldrich, Library Volunteer Coordinator, at 503-647-5051 to learn more about this opportunity.

**North Plains Historical Society**

Our motto is: **You are history in the making**

Please join us, on **April 4th**, at the Jessie Mays Community Hall at 1:00 pm. Call 503-647-2285 for additional information.

**North Plains Senior Center News**

**DEEP IN THE HEART OF TAXES**

There’s still a little time to take advantage of the AARP tax service offered Thursdays from 9 a.m. to 5 p.m. at the Senior Center. Call ahead to schedule an appointment—503-647-5666. It’s free and you don’t have to be a senior to use the service.

**Volunteers Needed. Can You Help?**

North Plains Meals on Wheels needs volunteers to help out in the kitchen Monday through Friday from 10 a.m. to 2 p.m. prepping food, serving, and cleaning up! We can work with your schedule, be it once a month, once a week or as many days as you can spare. *Please* come in and fill out a registration form.

**D.T. & Country Is Ready to Play!**

They’re b-a-a-a-ck! Our snowbirds, Dick and Sherry Thompson, are rested and relaxed and will be playing at the Center Monday, April 11 from 11:30 to 1:30. If you haven’t heard this terrific classic country group, come in and join us.

**April Calendar**

**Bunco**—April 7th and 21st at 1:15.

**Liver & Onions**—April 18th

**Bingo**—April 26th. $5 gets you in the door and your first card. Each additional card is $1. All cash prizes. Doors open at 6 p.m. Hot dogs, chips and drinks available for a small fee. Free popcorn.

**Pop ‘n’ Paint**—workshop will be at 6:30 p.m. April 20th. Check out this month’s painting on the Center’s Facebook page.
EXERCISE GROUP
The Exercise Group, open to the public and not just for seniors, meets Monday, Wednesday and Friday from 9:30 to 10:30 a.m. in the lower level of the Senior Center. New cardio exercise is included. Work at your own level. Bring a friend and enjoy the fun!

TOPS
TOPS, Take Off Pounds Sensibly, meets Thursday evenings from 6 to 7 p.m. For more information call Karen at 503-647-5666. Join this fun and supportive way to lose weight!

Trap Shoot & Dinner for Veterans
On behalf of the officers and members of the Glencoe Lodge No.22, North Plains, Knights of Pythias, and in the spirit of friendship, charity and benevolence, which are the defining principles of our order, we would like to invite you to join us for a trap shoot at the Hillsboro Gun Club, followed by a dinner at the Glencoe Lodge. If you do not have a shot gun, we will be able to accommodate you. The Knights of Pythias, Glencoe Lodge #22 will be providing the opportunity to our local veterans.

Those were the good old days...
Gone Fishing

By Melvin Van Domelen
Mountaindale, OR

In years past the month of April stood a good chance of being smelt month. I was drafted into the Army April 23rd. The day before I left we went to Troutdale to dip smelt in the Sandy River.

In the 1940’s and early 1950’s it was almost a given that the smelt would show up. Just when, you couldn’t rely on as these small fish are unpredictable critters. They usually came into the Cowlitz River in Washington a day or two before their Sandy River appearance.

The water level highway up the Columbia River had not been built yet. You would drive through Portland on Stark Street clear out to Troutdale. One out of four cars would have a smelt net on it. At that time all of the Columbia River traffic crossed the Sandy River on the bridge at Troutdale. This was a hot smelt-dipping spot by the bridge.

It seems we bought a smelt license for .25 or .50 cents. These were sold by several local residents in the area. If needed, long-handled dipping nets could be rented from these folks who also sold a lot of hot coffee.

I have seen fish being caught by loose mesh onion sacks attached to bent clothes hangers fixed on broom handles. Even hand held kitchen colanders could prove successful. One lady I talked to told me the smelt could even be caught by hands alone.

One man was so fanatic in the chase, he was waist deep in the river with no boots. He would put his head under the water, looking, and then take a swipe at the smelt with a hand held small dip net. A good smelt run could last for several days.

I think the supposed limit was 25 pounds of smelt a license, but never saw anyone checked on that. If you got to the right spot, those 25 pounds could be netted in 3 or 4 swipes. The river would just turn blue when a wave of the fish went by.

This picture was taken in 1946. The author is in the middle of the river with a short net. Merlyn Connelly is holding the catch bag and his Father George has the long-handled net. Notice the cars in the parking lot. There is a report that one smelt run in the 1940’s attracted 10,000 dippers.

So, you come home with a couple of buckets full of smelt. You try to give some to the neighbors. Please take some smelt! It’s like trying to get rid of zucchini from your summer garden. When fried, the first half-dozen of the little fish are really good but after having smelt 3 times a day, eating them almost becomes a chore.

I have seen smelt referred to as candle fish. If smoked and dried and a wick inserted, they have enough oil in them to burn. We once cleaned and smoked the surplus but we never tried to light them up. Also, there are stories of the early settlers just using them for fertilizer.
My brother and I took my wife to be on a smelt dipping trip once. She thought we were crazy. Later on in the 1970’s we took our two daughters to the Sandy River. We had to hold them around their waists to keep the net full of smelt and the current from pulling them into the river.

Later, the smelt vanished from the Sandy River for a number of years. Just lately there have been a few scattered runs. The little fish went up the Sandy by the hundreds of thousands, they never came back down. Seems they die after spawning and just disintegrate.

When I told friends I was going to write about smelt fishing it always brought a smile and talk of past memories they had. Some included in this article. So, if you hear the smelt are running, go, give it a try. Not so much of a reward of fish caught, but it’s a lasting experience you will never forget.

**April 2016 Calendar**

- **04/01** First Friday Flick 6 p.m. at Jessie Mays
- **04/04** Historical Society 1 p.m. at Jessie Mays
- **04/04** City Council Meeting 7 p.m. at North Plains Senior Center, 31450 NW Commercial Street
- **04/06** Vision Implementation Work Group 7 p.m. at North Plains Senior Center, 31450 NW Commercial Street
- **04/07** Writers Group 6:30 p.m. at the Library
- **04/08** Lego Palooza 11:00 a.m. at Jessie Mays
- **04/08** Art of the Story-Telling Festival Kevin Kling 7:00 Pumpkin Ridge Golf Club
- **04/09** Super Saturday 1:00 p.m. at Jessie Mays
- **04/11** Budget Committee 7 p.m. at Jessie Mays
- **04/13** Planning Commission 7 p.m. at North Plains Senior Center
- **04/14** Volunteer Recognition Spaghetti Feed 6:30 p.m. at Jessie Mays
- **04/18** City Council Meeting 7 p.m. at North Plains Senior Center, 31450 NW Commercial Street
- **04/22** Art Exhibit and Travel Lecture 6:30 p.m. at the Library
- **04/25** Budget Committee 7 p.m. at Jessie Mays
- **04/27** Parks Board 6 p.m. at North Plains Senior Center

---

**April 2016 Calendar**

- **04/14** 6:30 pm Volunteer Appreciation
- **May 7** North Plains Garage Sale Day
- **May 14** North Plains Clean Up Day
- **June 2** North Plains Ice Cream Social/Farmers Market Kickoff
- **August 12-14** North Plains Elephant Garlic Festival
  - October 13 Chili Cook-off
  - December 8 North Plains Jingle Parade
- We are looking for Volunteers to help with the Garlic Festival.

Please contact Patti Burns at (503) 319-5428 or email patti.funstinks@gmail.com.
We Deliver!!

Thursday, Friday & Saturday
5 – 7:30 pm
$20 minimum $3 delivery fee

New platinum games
Enjoy free soda, cookies and chips while you play!

$4 off
ANY X-LARGE PIZZA

$3 off
ANY LARGE PIZZA

$10.00
LARGE PEPPERONI PIZZA

Expires in 30 days. Cannot be combined with any other offers. North Plains Location only.

$30.00
Large Pepperoni Pizza
Large Specialty Pizza

Expires in 30 days. Cannot be combined with any other offers. North Plains Location only.

Like our facebook page for special offers just for our followers!

Find us on Facebook

GERALDI'S West
The Italian Eating Place
10395 NW Glencoe Rd. #600 North Plains • 503-647-5761